

TOP TEAMS

Strategies for Stronger Relationships: Harnessing the Power of Conflict & Difficult Conversations



Dr. Johnston is a seasoned leader, teacher and coach who is as comfortable with new professionals as he is with C-level executives. He understands leadership and what it takes to create a great team, and he uses his unique blend of humor and insight to prepare people for success.

Joe Scarlett, Former CEO and Chairman,
Tractor Supply Company

Dr. J has a gift for engaging and captivating audiences. His instruction is powerful and practical. In my 30+ years of participating in educational sessions and conferences, I can't tell you when I've enjoyed a session as much as I enjoyed his.

Michael Butler, Quorum Health Corp.

Dr. J has consistently been the highest rated facilitator in our High Potential Development Programs for several years. My learners say his sessions are some of the most practical and applicable content we offer. He provides the kind of skills and strategies they need to excel in their roles and advance their careers.

Jade Doyle Director, Executive Leader
Development, Bridgestone Americas.

Dr. J is an excellent teacher! It's rare to come away from a seminar changed and with tools that will make a real difference in your life. The depth of his knowledge and his gift for teaching impacted us deeply. I'm still thinking about it and sharing it with the people in my life!

Tammy Mason, The Crichton Group

Strategies for Stronger Relationships

Harnessing the Power of Conflict & Difficult Conversations

Surprisingly, top teams and exceptional relationships are never conflict-free. In fact, they're frequently filled with differing opinions, constructive criticism, and productive disagreement, but their ability to recognize and manage conflict makes it work for them instead of against them. They harness it to build trust, transparency, and commitment. As a result, participants engage more genuinely and generously and find their experience more meaningful and productive over all. The question is:

How do you strengthen relationships in conflict and difficult conversations?

In this powerful development experience, Dr. J gives participants a transformational new perspective on conflict and equips them to harness it more productively in their personal and professional lives. He equips them with interpersonal and communication strategies that foster trust, candor, assertiveness, and commitment and open the door to new creativity and capacity. Participants leave with new understanding of themselves, new insights into others, and new strategies for strengthening relationships and teams.

Learning Objectives & Takeaways

- Explore the nature and impact of conflict on teams, performance, and relationships
- Recognize vital contributions of conflict and the dangers of hidden conflict and conflict-free zones
- Diagnose and resolve factors that diminish trust, collaboration, and commitment in relationships
- Gain communication strategies and other practical tools for managing conflict in relationship, meetings, and teams
- Learn method for strengthening relationships and results in the midst of disagreement
- Identify personal response preferences and broaden a repertoire of responses to conflict
- Learn psychological and emotional processes affected by conflict and how to manage them
- Discover practical method for conducting Difficult Conversations successfully
- More...

