



Coaching Relationship Uses

The contents of coaching relationships vary widely based on the preferences, needs, and contexts of the participants. Clients typically use the coaching arena to engage, process, and advance topics like:

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| Personal / Professional Transitions | 360 Review |
| Personnel decisions | Executive Presence |
| Interpersonal conflict | Motivation |
| Personal Growth | Persuasion |
| Professional Development | Team Development |
| Problem-solving | Political Acumen/Leadership |
| Strategic Planning | Self-Awareness |
| Skills Training | Leading/Managing Change |
| Communication Skills (Written/ Verbal) | Difficult Conversations |
| Stress Management | Crisis Management |
| Time Management | Group Dynamics |
| Stakeholder/ Relationship Management | Project Management |
| Vision-casting | Team Processes |
| Organizational Structure | Process Improvement |
| Assessment | Presentation Skills |
| Emotional Intelligence | Efficiency Management |
| Influence & Credibility | Hiring / Interviewing |
| Conflict Management | Board Relationships |
| Strength/Talent Development | Personality & Preferences |
| Supervision Skills | Meeting Management |
| Positional Competencies | System thinking |
| Performance Management | Etc. |